

CHIROPRACTIC & VERTIGO

Vertigo occurs when there is an imbalance in the part of the nervous system responsible for balance and physical orientation.

There are 4 systems involved—ALL NERVOUS SYSTEM CONNECTED-- in controlling this activity and they need to work in balance:

- Sensory:** which sends messages to the brain about your position to maintain balance
- Vision:** Sending signals from your eyes to the brain to control your relationship to your environment.
- Skin Pressure:** let's your brain know the body's relationship to gravity
- Inner Ear:** detects change of position and signals the brain to maintain balance.

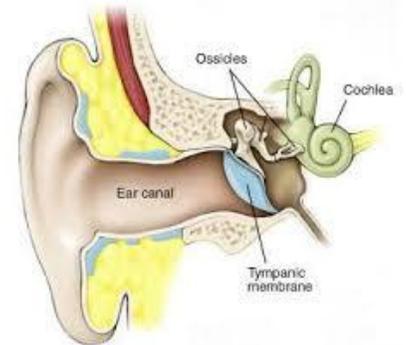
Many vertigo sufferers from the disturbing condition that can cause you to feel a sensation of spinning and dizziness associated symptoms can include :

Nausea, Vomiting, Ringing in the Ears, Sweating.

This condition can vary in intensity from patient to patient and when it becomes chronic, can cause a great deal of stress in people's lives affecting daily activities and quality of life.

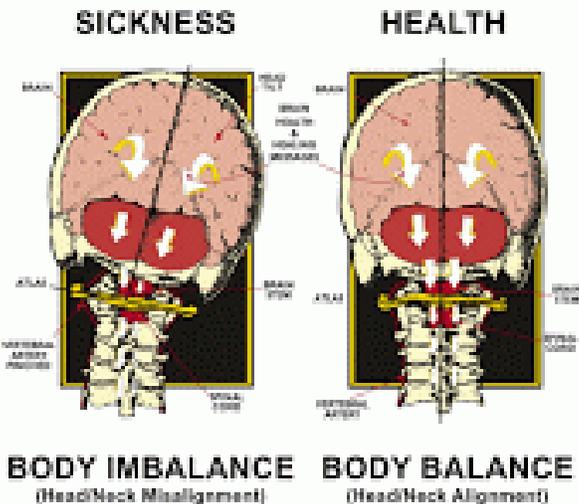
-**Structural misalignment of the vertebra of the spine, causing Nervous System stress.**

- Trauma:** to head eyes or ears (Sports, Falls, MVA)
- Toxic or chemical stress:** Medications, Inhalants etc.
- Inflammation or disorders of the inner ear.**



How can we help ?

Drs. Terry and Dr. Andy are very familiar with this condition, having seen many patients with this common complaint over the years. Remember the nervous system controls the 4 systems in vertigo and Chiropractic adjustments remove stress and interference on the nerves innervating the eyes, ears and upper cervical spine positively affecting the balancing systems of the body and very often reducing and removing the symptoms of Vertigo.



When necessary, the chiropractic doctors are also able to recommend nutritional advice to help with this condition as well. Please ask us more about this potentially debilitating condition, our specialized chiropractic techniques and how we can help patients with their vertigo symptoms.

Dr. Terry Wulster

Dr. Andy Smith

**35 West Main Street, Suite 100
Denville, NJ 07834
(973) 625-2600**

www.mydenvillechiro.com